



Dementia Friends Minnesota

An ACT on Alzheimer's Initiative

BECOME A DEMENTIA FRIEND®!

DEMENTIA FRIENDS INFORMATION SESSIONS

Thursday, August 25, 9:00 am – 10:30 am

OR

Tuesday, August 30, 4:30 pm – 6:00 pm

Each Session will be held virtually via Zoom.

THESE SESSIONS ARE A DISCUSSION LED BY A DEMENTIA FRIENDS CHAMPION.

- Learn what dementia is
- What it is like to live with the disease
- Tips for communicating with someone with dementia
- How to turn your new-found knowledge into action.

You don't need to know someone with dementia to become a Dementia Friend.

DEMENTIA FRIENDS...

is a global movement that is changing the way people think, act and talk about dementia. By helping everyone in a community understand what dementia is and how it affects families, each of us can make a difference for people touched by dementia.

REGISTRATION



[August 25th Registration](#)

[August 30th Registration](#)



Dancing Sky

Area Agency on Aging

A Program of the Northwest Regional
Development Commission.