

WHAT WE DO:

+Promote area resources

+Advocate for necessary services

+Listen to community needs

+Work together to help our lakes area communities thrive

+Develop plans for tackling larger community projects



Logo made in partnership with ATCC Design Student



Mission:

Increasing opportunities across a lifespan by providing information and ready access to individuals in our lakes area.



LAKESAREAAGEFRIENDLY

COMMUNITY REPRESENTATION

Board Members

Co-Chairs:

- Dian Lopez- Community Member
- Kathryn LeBrasseur- Community Member

Members:

- Julie Anderson- Douglas County Emergency Management
- Lindsey Sand- Knute Nelson
- Alissa Smith- West Central MN Community Action (WCMCA)
- Stephanie Aasness- Dancing Sky Area Agency on Aging (DSAAA)

Committee members/providers

Elder Network, Emergency Managers, Horizon Public Health, County Senior Services, Senior Centers, City Officials, Housing & Redevelopment Authority, Housing & Urban Development, Habitat for Humanity, Churches, Transportation Providers, other State Services and more!

PROGRESS

Name Change:

Lakes Area Age Friendly (previously Age Friendly Alexandria)

AARP:

Listed as an Age Friendly Community by AARP and submitted a second 3-year plan. Now serving: Douglas, Grant, Pope, Stevens & Traverse Counties.

LAKES AREA PROJECT PLANS

2023-2026

Dementia Friendly Initiative

- Invite communities to complete the Age & Dementia Friendly Toolkit
- Partner with local libraries to identify/expand on memory loss resources
- Inter-generational activities/programs as communities see fit

Disaster Planning

- In-person education sessions
- Tabletop exercises
- Skills testing (roleplay events)

Connecting Communities

- Multi-county involvement
- Online presence with technology assistance for community members
- Support providers enhancing/increasing services

Men's Shed

- New concept, US Men's Shed
- Connecting community members with a common goal in mind
- Projects initiated by Shed members

Reduce Isolation

- Concept for drop-in phone line
- Recruit volunteers for local providers
- Amplify well-being and reduce isolation

(Projects have been identified in the 3 year plan submitted to AARP)

CONTACT LAKES AREA AGE FRIENDLY

If you have questions or would like to get involved, contact: Dian or Stephanie

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"Aging is just another word for Living"