

# East Grand Forks Senior Center Doing Their Best for Seniors in Isolation

Judy DelValle of the East Grand Forks Senior Center has been busy making sure that seniors are taken care of during this time. Some of the things that are being done, or have been done:

The Meals on Wheels recipients are now receiving a packet with their meals. In the packet are daily coloring pages, word search puzzles, and crossword puzzles. Plus, they received a large box of crayons. The seniors are loving these items, and many have called and have said how this is helping with their isolation. For Easter, the seniors received a goodie bag with an orange, a pear, washcloth bunny, plastic Easter egg with candy, deck of cards and a couple other little things.

The Senior Center has partnered with the Ground Round and they are cooking 120 meals for the seniors in the area. "This is really being supported by the community," said, DelValle. "I could have never dreamed of being able to do this. It took less than 30 hours for my plea on Facebook to get \$1,200.00 to pay for these meals." A piece of pie or cake was also added to each order and DelValle, along with nine other people were able to deliver all the meals. "I am just overwhelmed right now with how well this event went," said DelValle.

The Senior Center is also sending books and puzzles to the apartment buildings for them to work on. The community rooms have closed so they do not have access to the books or the puzzles in there, so they can work on these in their rooms. "We are about to run out of puzzles though, so hoping for some help with that."

We currently are working with the quilting group to make face masks for the 2 Senior complexes in town plus another 30 for the Meals on Wheels that we deliver to that are not in the apartments.

For more information on how to help the East Grand Forks Senior Center, contact Judy DelValle, EGF Senior Center, 538 Rhinehart Dr. SE, East Grand Forks. Phone: 218-773-0821